

**MARYLAND COURT REPORTERS ASSOCIATION 2020
VIRTUAL CONVENTION AGENDA**

INVEST IN YOURSELF!!!

***Saturday, September 26, 2020
.95 CEUs***

**7:30 a.m. to 8:00 a.m.
CHAIR YOGA**

Presenter: **Brenda Kennedy**, Registered Yoga Detour coach and Aerial Yoga Guru



Brenda is a chondrosarcoma survivor, who has undergone an internal amputation of her femur and a total knee replacement. After 4 surgeries she searched for an activity she could do that was fun, would be safe for her femur and knee, and would help bridge the gap between physical therapy and real life. When she discovered Aerial Yoga she was hooked. Brenda has continued her education in movement science to better help her students and clients move and feel better. She has been a yoga teacher since 2017, ACE certified personal trainer since 2019, and a Registered Yoga Detour instructor since 2020.

Brenda will guide you through a chair yoga session for your hands, shoulders and back that will help mobility and endurance during those long days!

**8:00 a.m. to 9:00 a.m.
Avoiding Big Mistakes When Saving for Retirement!**

Presenters: **Larry D. Holmes**, JRCFP, CRPS, AIF and **Jeffrey Cohen**, CIMA, AIF. (.10 CEUs)



Larry and Jeffrey help manage assets for individuals, trusts, retirement plans, charitable organizations and businesses. They will walk you through how to avoid mistakes when saving for retirement. Through a long-term investment approach, they help clients develop and implement strategies for building wealth and realizing their goals.

9:00 a.m. to 10:30 a.m.

LEVELING UP WITH CERTIFICATIONS. TAKING ONLINE SKILLS TESTS

Presenter: **Marybeth Everhart, MA, RPR, CRI, CLR, CPE (.15 CEUs)**



“PRACTICE MAKES PASSABLE”

We've all heard that phrase “Practice makes perfect.” Marybeth Everhart has a different take on that phrase for testing and that is: “Practice makes passable.” We've all heard the two words that send butterflies to our stomach and somehow manages to make five minutes feel like an hour...”Ready. Begin.” Our friend, Marybeth, has few secrets to share about how YOU fine-tune your approach to taking your next NCRA test.

Marybeth will go through the step-by-step process of taking an online test in the convenience of your home through a live proctor. We all know passing the test makes all the difference financially, professionally, and personally. Come away with practical tips you can use to make your next test a success!

BREAK 10:30 a.m. – 10:45 a.m.

(STENOGRAPH PRESENTATION – ANDREA PAIGE)

10:45 a.m. to 12:15 p.m.
FANTABULOUS FAMILIES

Presenter: **Anissa R. Nierenberger**, RPR, CRR, CRC CRI, B.S. Realtime Reporting, (.15 CEUs)



It's simple.... the less strokes we write, the fewer mistakes we'll make. If you're interested in shortening your writing in a fun and easy way, Fantabulous Families is for you! Anissa presents 45 easy-to-learn families. They're consistent, easy to learn, and will make life easier! The ^dom brief family has 8 members, the ^line brief family has 25 members, and the a^ family has 56 members. These are examples of the families that we'll get to know together! Anissa's newest book, Fantabulous Families, can accompany this seminar.

LUNCH: 12:15 to 12:45 p.m.

12:45 p.m. to 1:00 p.m.
MCRA BUSINESS MEETING
TREASURER'S REPORT
STATE OF MEMBERSHIP

SWEARING IN OF NEW MCRA BOARD
by Debra A. Dibble, RDR, CRR, CRC
NCRA President-Elect

AFTERNOON SESSION

1:00 p.m. To 2:00 p.m.

NCRA CODE OF PROFESSIONAL ETHICS PRESENTATION

Presenter: **Debra A. Dibble, RDR, CRR, CRC, NCRA President-Elect**
(.10 CEUs)



NCRA's Debra Dibble brings you up to date on what your obligations are under NCRA's Code of Professional Ethics. This presentation is designed to provide an overview of the basic principles of the Code and how to apply them to common scenarios faced by reporters today.

2:00 p.m. To 3:30 p.m. (CEUs **pending)**

NCRA STRONG TASK FORCE PRESENTATION

Presenter: **Sue A. Terry, FAPR, RPR, CRR, CRC (.15 CEUs)**



This session will explore what is happening in our profession and what you can do to educate the public of the importance of our stenographic records. Come prepared to share what you see happening in your area and we will discuss our experiences. The Strong Chair will share valuable information and give you much food for thought as we face our future together, Stronger!

3:30 p.m. To 4:30 p.m.

UPGRADE YOURSELF!!! You're Worth it.

Presenter: **Kim Xavier**, RMR, CRR, CRC, CRI, CMRS, RDR
(.10 CEUs)



Kimberly Xavier has been a court reporter for over 25 years and is a Texas Certified Shorthand Reporter, licensed by the Supreme court of Texas. She holds multiple certifications in Texas as well as many NCRA certifications, including the most prestigious of all certifications, the Registered Diplomat Reporter. She has fully embraced the steno life and all of its benefits over the span of her career as a freelance reporter, a freelance firm owner, and an official court reporter.

Even though she was a busy wife and mother while also working full time, about 10 years into her career she began taking steps to actively motivate and inspire student reporters by creating and offering structured training courses and events for that segment of the court reporting community that can sometimes easily be overlooked.

She has continued to educate the court reporting community through presentations, seminars, and training sessions developed for every reporter from new professional to veteran.

BREAK 4:30 p.m. to 4:45 p.m.

4:45 p.m. To 5:45 p.m.

TERMINATE TRANSCRIPT TURMOIL 2 – She's Back!

Presenter: Anissa R. Nierenberger, RPR, CRR, CRC, CRI, B.S. Realtime Reporting. (.10 CEUs)

We'll review the SADA concept from the original Terminate Transcript Turmoil, talk about families of prefixes and suffixes and the importance of consistency! Anissa will present valuable word pieces, how to make stacking work FOR you, and how FPP55 earns you better realtime in only one week! This presentation builds upon TTT and complements Simpler Syllables.

5:45 p.m. To 6:45 p.m.

VICARIOUS TRAUMA AND THE EFFECTS ON COURT REPORTERS.

Presenter: Karen Polis, Esquire, L.G.S.W. (.10 CEUs)



This is an introductory presentation to the concept of secondary or vicarious trauma which is the trauma that one experiences being in the proximity to or involved with another person's crisis. Court reporters sit in the midst of other people's crises, having to pay attention to every syllable spoken, and may not be aware of the impact that it has on their health and well-being. This presentation will focus on solutions to secondary trauma, including self-help solutions as well as professional services that may be helpful.